

**Subject:** First Enhanced Bridge Housing, Spring Street Park, Nisei Week and more!  
**From:** Jose Huizar  
**Date:** 8/16/2019, 7:00 AM  
**To:** boyleheights.seniorcenter@lacity.org  
**Reply-to:**



## NEWS FROM DOWNTOWN LA - District 14

### Table Of Contents

- Pic of the Week
- Spring Street Park
- Job Alert: Mayor Garcetti's Census 2020
- Omega-3 Supplements Study
- Help Shape LA County Transit
- Upcoming Events
- Community Calendar

### Pic of the Week



Downtown Women's Center launched the 1st Enhanced Bridge Housing program. This is huge for Skid Row and DTLA! We are proud of the ongoing partnership with Downtown Women's Center, who came to us over a year ago on A Bridge Home opportunity dedicated exclusively to women.

We have consistently called for a triage-like emergency response to homelessness in Skid Row. There are nearly 1,500 homeless women in Skid Row, and more than half are unsheltered every night. With these additional beds available at the center, many women using the Downtown Women's Center during the day will not have to leave the safety of the Center at night to sleep on the streets. Congratulations Downtown Women's Center!

*To Submit A Pic of The Week, contact [josue.landa@lacity.org](mailto:josue.landa@lacity.org)*

### Spring Street Park



In 2016, Friends of Spring Street Park reached out to our office for funding assistance to

add security to Spring St Park. At that time, we secured \$250,000 to implement daily security at the park. Friends of Spring Street Park reached out to us again recently for more assistance. On August 13, 2019, the City Council approved our motion to allocate \$150,000 to ensure the park has daily security for another year. As part of Team Huizar's DTLA Forward Initiative, it is important to keep our green spaces clean and safe.

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**Job Alert: Mayor Garcetti's Census 2020**



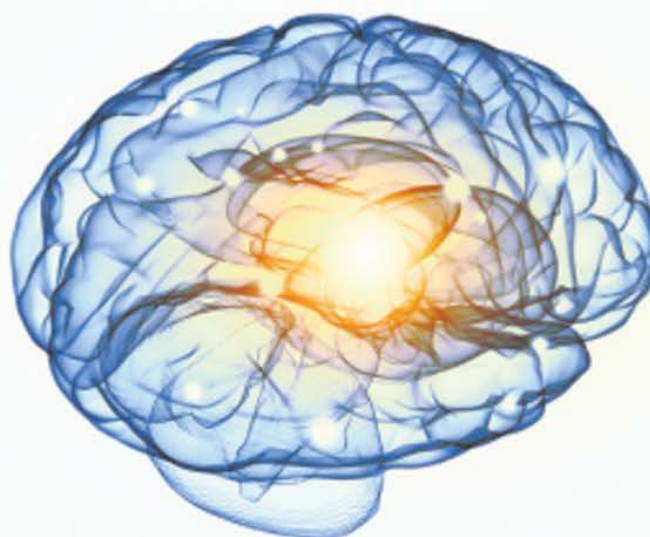
Mayor Garcetti's Census 2020 Initiative is hiring staff to help implement a Census 2020 outreach program in the City of L.A. to make sure everyone counts! Click on this link <https://bit.ly/2KzSFG7> and then click on "Exempt Jobs" to learn more.

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**Can Omega-3 supplements improve memory, brain health, and decrease the risk of Alzheimer’s Disease?**



# Keck School of Medicine of **USC**



## Can Omega-3 supplements help your memory and brain?

You may be eligible if you are 60-80 years old and have at least one of the following: are overweight, high blood pressure, high cholesterol, or do little to no weekly exercise.

For more information please contact us at **1-833-872-2724** or visit us at **[omega3brainstudy.com](http://omega3brainstudy.com)**

Alzheimer's Disease currently affects about 5 million people in America and is expected to reach 13 million within the next 30 years due to our aging population. USC is conducting a two-year study to better understand if high doses of omega-3 supplements can improve brain health. We are actively recruiting and we would like to invite you to join our efforts to help slow or prevent Alzheimer's disease. We are looking for individuals between the ages of 60-80, who are not taking omega-3 supplements and are either: overweight, have high blood pressure, high cholesterol, or do little to no weekly exercise. For more information please call 1-833-872-2724 or visit us at [omega3brainstudy.com](http://omega3brainstudy.com)

En la actualidad, la enfermedad de Alzheimer afecta alrededor de 5 millones de personas en los Estados Unidos, y se espera que, debido al aumento de la población de la tercera edad, el número aumente a 13 millones dentro de los siguientes 30 años. USC está implementando un estudio de dos años con el propósito de entender aún mejor si las dosis elevadas de suplementos de omega-3 contribuyen al mejoramiento de la salud cerebral. Nos gustaría invitarle a que se una a nuestros esfuerzos para demorar o prevenir la enfermedad de Alzheimer. Nos interesa reclutar a personas entre las edades de 60 a 80 años que no estén tomando suplementos de omega-3 y que padezcan ya bien sea de sobrepeso, presión arterial alta, colesterol alto o que hagan poco o nada de ejercicio a la semana. Para mas informacion, por favor llame al 1-833-872-2724 o visitenos a [omega3brainstudy.com](https://omega3brainstudy.com)

## Help Shape LA County Transit



Our Next LA is a multi-year effort by Metro to improve access, enable opportunity, and chart a course for a collective future which includes 88 cities and hundreds of neighborhoods. Metro is seeking input from all who live, work, or play in LA County to plan for a better future that gets everyone moving! In the first phase of this process, Metro collected surveys, visited communities all over the county, and zeroed in on five broad categories of focus for the campaign!

Metro needs *your* help to rank these five categories as future priorities. Click below to connect with Next LA and submit your input today!

[Click Here To Take The Survey](#)

## Upcoming Events

### 79th Annual Nisei Week Festival





# NISEI WEEK

## Japanese Festival

### 2019

#### Schedule of Events

July 14 (Sun)	Nisei Week Japanese Festival Opening Ceremony (Invitation only)*
July 27 (Sat)	Baby Show – Jodoshu Temple, 9 am – 3 pm*
August 10 (Sat)	Nisei Week Japanese Festival/JACCC Plaza Festival Golden Circle Dinner – Double Tree by Hilton, 4:30 pm (Dinner)* Nisei Week Sunset on the Plaza – JACCC Plaza, 5-10 pm Coronation – Aratani Theatre, 7 pm*
August 11 (Sun)	Nisei Week Japanese Festival/JACCC Plaza Festival Aki's Pup Up Party – JACCC Plaza, 10 am- 3 pm Grand Parade – Little Tokyo, 4 pm
August 12 (Mon)	Awards Dinner – Double Tree by Hilton, 6 pm*
August 14 (Wed)	Pioneer Luncheon – Double Tree by Hilton, 11:30 am*
August 17 (Sat)	Nisei Week Rubik's Cube Open – JACCC Plaza, 8 am Nisei Week Japanese Festival/JACCC Plaza Festival Day-Lee Foods World Gyoza Eating Championship – JACCC Plaza, 2 pm
August 18 (Sun)	Nisei Week Japanese Festival/JACCC Plaza Festival Ondo Public Street Dancing – 1st Street, 4 pm Closing Ceremony – 1st Street, following Ondo



Events are mostly held at the following locations, unless otherwise noted:

- Japanese American National Museum (JANM) 100 N. Central Avenue, Los Angeles, CA 90012
- Japanese American Cultural & Community Center (JACCC) 244 S. San Pedro Street, Los Angeles, CA 90012
- Centenary United Methodist Church 300 S. Central Avenue, Los Angeles, CA 90013
- Double Tree by Hilton 120 S. Los Angeles Street, Los Angeles, CA 90012

\*Fees and/or registration required.  
\*\*Updated June 7, 2019  
Dates and times subject to change.



NISEIWEEK.ORG 213.687.7193

Designed by:  
Jared Yamahata

Grand Park's LA TACO FESTIVAL - Saturday, August 17th



The LA Taco Festival aims to bring the city together to eat tacos and support a good cause – helping homeless youth succeed.

For more information please visit Grand Park's [webpage](#)!

**SAVE THE DATE!**

**DTLA PROUD  
FESTIVAL 2019**  
AUGUST 23, 24 & 25  
PERSHING SQUARE  
[DTLAPROUD.ORG](http://DTLAPROUD.ORG)

Proceeds from the festival will help build the DTLA PROUD Community Center.

# City's 238th Birthday Jazz & Blues Festival



**Save the Date**

*City's 238th Birthday  
Jazz & Blues Festival*

**Saturday, August 24, 2019**

**9:00 a.m. - 6:00 p.m.**

**El Pueblo Historical Monument**

**Meet at 6:00 A.M. at Mission San Gabriel (428 S. Mission Drive) to walk the historic route that Los Pobladores used in September 1781. After the official City's birthday program at El Pueblo, stay for a free Jazz & Blues Festival, with live music and educational presentations.**

**Limited DASH rides from El Pueblo back to the Mission will be available day-of event.**

**For more info, please call: (213) 485-8372**

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**The Music Center's DANCE DTLA - Summer 2019**



**June 21 - August 30, 2019  
7:00 p.m. - 11:00 p.m.**

Free and open to all ages

**Dance DTLA** returns for its 15th season of dancing under the stars. Downtown is the place to be on Friday nights from June 21st through August 30th. Each Friday night features a different dance genre and beginner dance lessons led by top L.A. dance instructors alongside a live band or DJ. So step outside, get your groove on, show off your dance moves and join us for these free events all summer long!

Summer 2019 Line-up:

- August 16th : Motown/Funk at The Music Center Plaza - Sneak peek
- August 30th\* : Cumbia at The Music Center Plaza - Plaza Grand Opening Weekend Celebration

## LA Plaza Summer of Salsa Concert Series




**SUMMER OF salsa**

**free concert series**  
Dance under stars with some of LA's top salsa bands at LA Plaza!

**2nd friday of each month  
may - september, 2019**

**Doors Open at 6pm • Concerts Begin at 7pm**  
Food & Beverages Available for Purchase

 **LA PLAZA**  
DE CULTURA Y ARTES 501 N Main St., Los Angeles  
(across from Olvera Street)

**friday**

- MAY 10**  
Ricardo Lemvo & Makina Loca
- JUNE 14**  
Grupo Invasión Latina
- JULY 12**  
La Verdad
- AUG 9**  
Fausto y La Moderna
- SEPT 13**  
Chino Espinoza y Los Dueños Del Son


**EVENT SPONSORED BY**

 **Music Fund**  
of Los Angeles

 **Pacific Federal**  
a Zenith American company

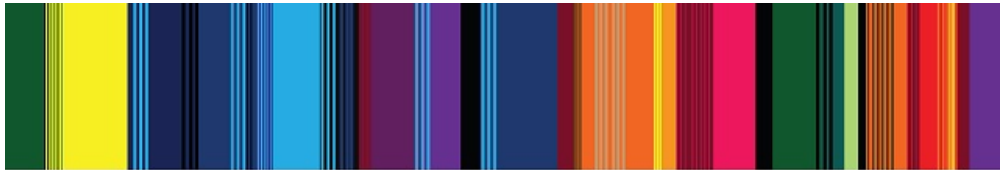
 **TEAMSTERS LOCAL 396**

 **TEAMSTERS LOCAL 986**

 @LAPLAZALA #SUMMEROFSALESA www.LAPCA.org

## Heirlooms from El Pueblo's Collection





# Heirlooms

From El Pueblo's Collection

**June 1 - September 15**

Open Saturday & Sunday | 10:00AM - 3:00PM

**Biscailuz Gallery**

125 Paseo de La Plaza, Los Angeles, CA 90012



[www.facebook.com/ElPuebloLA](https://www.facebook.com/ElPuebloLA)

@ElPuebloLA #ElPuebloLA



DEPARTMENT OF CULTURAL AFFAIRS  
City of Los Angeles



**Sacred Memories 2019**





Presented by El Pueblo Historical Monument, El Pueblo Park Association, and the Department of Cultural Affairs, the annual Sacred Memories 2019.

Cross Cultural Expressions of Day of the Dead art exhibit will feature various artistic interpretations that explore the world's rituals that venerate the departed, including Dia de los Muertos (first observed by the indigenous peoples of Latin America).

Artist submissions are due 11:59 p.m. Monday, September 2, 2019. To see the full Call for Submissions document, please find the PDF link here: <https://tinyurl.com/SacredMemories2019>.

### Grand Park's LUNCH À LA PARK



For more information on Grand Park's events, please visit [Calendar | Grand Park](#).

# Community Calendar

## DOWNTOWN LA NEIGHBORHOOD COUNCIL MONTHLY MEETING

2nd Tuesday of every month | 6:30 p.m. Palace Theatre  
630 S. Broadway

## ART WALK DTLA

2nd Thursday of every month | 12 p.m. - 10 p.m.  
Historic Core: Between 4th & 7th and Spring & Main St.

## LOS ANGELES CITY HALL FARMERS MARKET

Every Thursday | 10 a.m. - 2 p.m.  
Main Street, between First and Temple Streets

## HISTORIC CULTURAL NEIGHBORHOOD COUNCIL MONTHLY MEETING

2nd Tuesday of every month | 6 p.m.  
Alternating Locations

## HISTORIC CORE FARMERS MARKET

Every Sunday | 9 a.m. - 2 p.m.  
5th street between Broadway and Spring Street/2 blocks from Pershing Sq Metro Station

## THE WALL FOOD + FLOWERS + FARMERS MARKET

Every Saturday | 9 a.m. - 2 p.m.  
The Heart of the Los Angeles Flower District on Wall Street between 7th & 8th

Help and be a part of the community!

Volunteer Now!



STAY CONNECTED



#TeamHuizar | [www.JoseHuizar.com](http://www.JoseHuizar.com)

Newsletter Designed by Branding Los Angeles

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[Unsubscribe boyleheights.seniorcenter@lacity.org](mailto:boyleheights.seniorcenter@lacity.org)

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